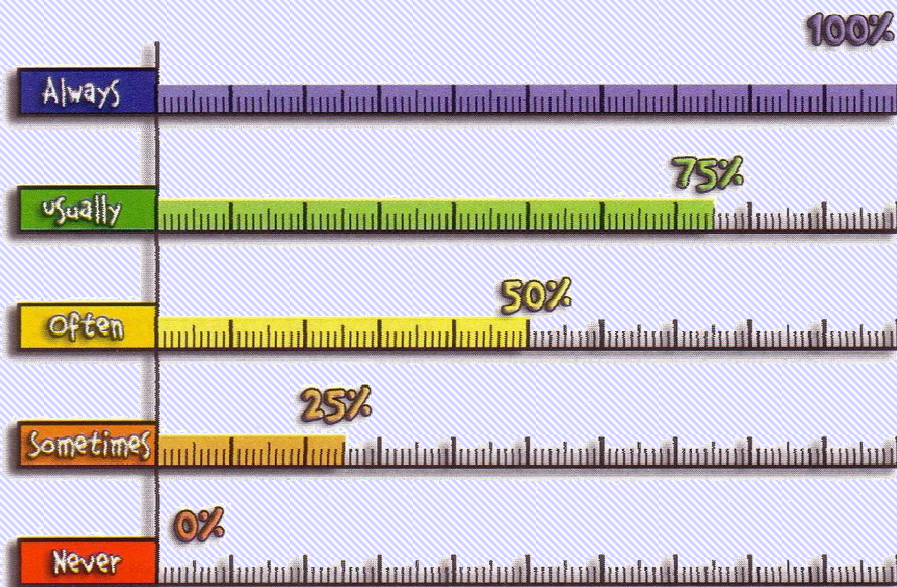


# Frequency Adverbs



## USE

- We use frequency adverbs to describe how often something happens. We use them with the Present Simple tense.



## POSITION

- We place the frequency adverbs **BEFORE** the main verb (in Present Simple).

*I **always** walk to work.*

*He **doesn't usually** wear jeans.*

*Do you **often** write letters?*

- **BUT**, we put them **AFTER** the verb **TO BE**.

*He **is never** late.*

*The children **aren't usually** tired after school.*

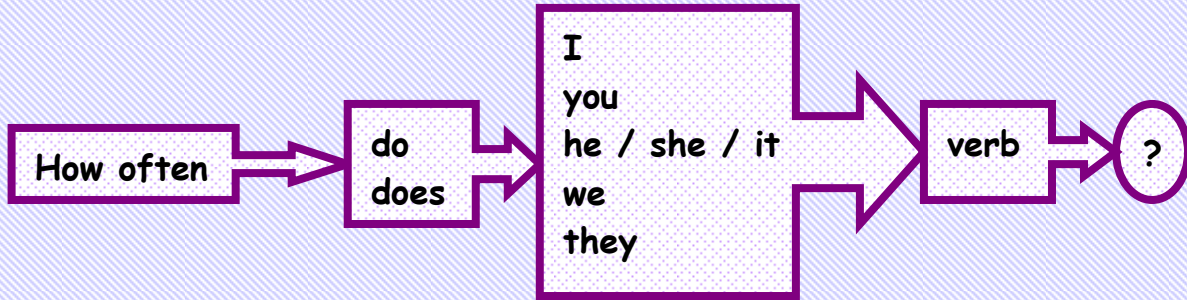
***Are** you **often** sad?*



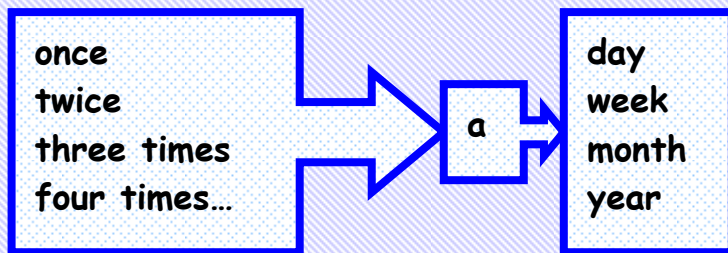


# OTHER EXPRESSIONS OF FREQUENCY

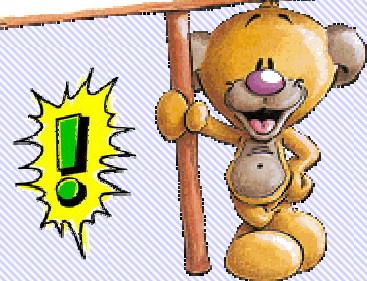
**How often...?** → To ask about the frequency of an action.  
We place it at the beginning of the question.



*How often do you go to the cinema?*  
*How often does Mary cook?*



Use **once / twice**  
NOT ~~one-time~~  
~~two-times~~



*We go to the theatre **once a week**.*  
*Peter plays football **five times a month**.*



*Mary cooks **every day**.*  
*I play tennis **every Sunday**.*

The rest of the frequency expressions  
are placed at the end of the sentence

A. Put the words in the correct order to make sentences, as in the example.

*play / often / on / Sundays / they / football*  
*They often play football on Sundays.*

1. late / is / she / sometimes

\_\_\_\_\_

2. early / up / sister / never / Sundays / on / gets / my

\_\_\_\_\_

3. usually / he / goes / to / on / Fridays / the / cinema

\_\_\_\_\_

4. go / you / restaurant / often / a / do / how / to / ?

\_\_\_\_\_

5. she / the / beach / to / always / goes / in / the / summer

\_\_\_\_\_

6. sometimes / her / does / she / Fridays / on / shopping

\_\_\_\_\_

7. go / we / twice / month / the / theatre / to / a

\_\_\_\_\_

8. never / in / is / the / at / mornings / Peter / home

\_\_\_\_\_

9. he / work / rides / bike / to / his / often

\_\_\_\_\_

10. home / they / get / six o'clock / usually / at

\_\_\_\_\_

11. every / homework / students / their / good / do / day

\_\_\_\_\_

12. you / out / how / in / do / evenings / often / go / the / ?

\_\_\_\_\_

B. Put the frequency adverbs and expressions in the right place.

1. Susan is late for school. (never)

---

2. My brother doesn't write letters to his friends. (usually)

---

3. We go on holidays. (twice a year)

---

4. Peter wears a tie. (sometimes)

---

5. I eat fish. (once a week)

---

6. Do the children watch TV? (often)

---

7. My father is very busy. (always)

---

8. Peter tidies his room. (never)

---

9. My brother and I go fishing. (every week)

---

10. My mother goes shopping on Saturdays. (always)

---

11. Do you get up late at the weekend? (usually)

---

12. I drink tea. (every morning)

---

13. Mary rides her motorbike to work. (sometimes)

---

14. I exercise in the afternoons. (often)

\_\_\_\_\_

15. Does Jane have lunch at home? (usually)

\_\_\_\_\_

C. Use the prompts and the frequency adverbs to write sentences about yourself.

**always      usually      often      sometimes      never**

1. get up at seven o'clock

\_\_\_\_\_

2. have a shower in the morning

\_\_\_\_\_

3. have lunch at school

\_\_\_\_\_

4. do homework in the afternoon

\_\_\_\_\_

5. play computer games in the evenings

\_\_\_\_\_

6. cook dinner

\_\_\_\_\_

7. watch TV before I go to bed

\_\_\_\_\_

8. go to bed early

\_\_\_\_\_



D. Answer the following questions using frequency expressions.

1. How often do you eat pasta?

\_\_\_\_\_

2. How often do you meet your friends?

\_\_\_\_\_

3. How often do you brush your teeth?

\_\_\_\_\_

4. How often do you do exercise?

\_\_\_\_\_

5. How often do you use the computer?

\_\_\_\_\_

6. How often do you go away?

\_\_\_\_\_



E. Choose the correct sentence.

1. a) Jim never is at work.  
b) Jim is at work never.  
c) Never is Jim at work.  
d) Jim is never at work.
2. a) We have usually lunch at 12 o'clock.  
b) We usually have lunch at 12 o'clock.  
c) We have lunch at usually 12 o'clock.  
d) We have lunch at 12 usually o'clock.
3. a) She travels always by train.  
b) Always she travels by train.  
c) She always travels by train.  
d) She travels by always train.
4. a) They go out sometimes in the evening.  
b) They sometimes go out in the evening.  
c) They go out in sometimes the evening.  
d) They go sometimes out in the evening.